NOVEMBER 2023 ACTIVITIES

MON
vinyasa yoga flow 9:00am – 10:00am with rachel
pilates body sculpt 2:00pm-3:00pm with heather

TUES
strength training 10am – 11am with joanna
yoga flow 11am – 12pm with joanna

WED
full body fit 8am – 9am with kori
(11/15 vinyasa yoga flow with rachel)
canyon hike with trail guide 11:30am – 12:30pm with joanna
sculpt 12:30pm – 1:30pm with joanna

THURS
yoga flow 8am – 9am with rachel

FRI
vinyasa yoga flow 8am – 9am with rachel
full body fit 9:30am – 10:30am with kori

SUN
calming meditation 11am – 12pm with marina
restorative flow 12:30pm – 1:30pm with taylor

SPA TREATMENTS OF THE MONTH
Peppermint & Pine Massage (60 mins)
Mon – Thur $255 | Fri – Sat $265
This festive relaxation massage features peppermint and pine essential oils. Designed to clear the mind of stress and energize the body to help eliminate fatigue.
Gingerbread Scrub (60 mins)
Mon – Thur $275 | Fri – Sat $285
Boost your holiday spirit with this festive full body scrub featuring holiday aromas of cinnamon and clove.
To reserve, please call 858-314-2020

DINING OPTIONS
Addison | Dinner Tues through Sat
Amaya | Breakfast, Lunch and Dinner Daily
Lobby Lounge | Mon through Thurs 4pm – 11pm,
Sat and Sun 12pm – close
Afternoon Tea | Sat and Sun 12pm – 4pm
Grand Social | November 24-26
Fri & Sat 4pm – 10pm, Sun 3pm – 8pm
The Clubhouse Grill | Sun - Thu 7:30am – 5pm
Fri & Sat 7:30am – 6pm | Burgers & Beer $25 on Saturdays
Football Games showing all weekend
Cent’Anni | To go items, Daily 6am – 5pm
In-Room Dining | All Day Daily

WELLNESS CLASSES
Wellness classes are held in the movement studio.
For hikes, please meet at the movement studio.

TELEVISION AND PICKLEBALL CLINICS
reservations required at lynn.lewis@fairmont.com
Saturdays 10am – 11am
cardio tennis clinic | $40 per player
Saturdays 12pm – 1pm
pickleball clinic | $40 per player

GOLF CLINICS
schedule your golf clinic or tee times at (858) 314-1930
Fridays 1pm – 2pm
full swing clinic | $50 per person
Fridays 4pm – 5:30pm
junior golf clinic | $50 per person
Saturdays 1pm – 2pm
putting clinic | $50 per person
Golf is subject to availability. Practice facility, twilight and junior rates are available. Under 12 is complimentary when accompanied by an adult.

NOVEMBER 2023 SIGNATURE EVENTS

THANKSGIVING AT THE GRAND | THURS, NOV 23
Amaya | 12pm – 8pm | Three-course tasting menu
Manchester | 12pm – 6pm
Family Style with appetizer and dessert buffet
GLICE SKATING AT GRAND SOCIAL
Fri, Nov 24 – 26 | Fri and Sat 4pm – 8pm, Sun 3pm – 7pm
An eco-friendly recreation activity for the whole family.
$35 per adult, $17 per child plus tax

ONE-DAY GOLF & GAMES CAMP
Sat, Nov 25 | 10am – 3:30pm | $100 per junior, including lunch
Ages 5-12. Develop technical skills and game-based learning.

ARCHERY
THURS THROUGH SUN 2PM AND 3PM
Please kindly reserve with our Concierge team.

EQUESTRIAN ACTIVITIES
Riding and non-riding activities for 5 and up and all levels of experience.
Horse feeding | 1pm – 1:30pm Tues - Sun
Festive One Hour Trail Ride for $150 per person

PEDAL ON
Take a spin on one of our e-bikes to explore the area.

BOCCÉ
Courts available for your use at Grand Social.

KIDS EXPLORER’S CLUB
Sat and Sun | 9am – 5pm
Mon – Fri | 9am – 5pm,
By appointment only with 48-hour notice.

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