# DECEMBER 2023 ACTIVITIES

#### <u>M O N</u>

vinyasa yoga flow 9am – 10am with rachel (not on 12/25)

#### pilates body sculpt

2pm-3pm with heather (not on 12/25)

#### TUES

strength training 10am – 11am with joanna (not on 12/26) yoga flow

IIam – I2pm with joanna (not on 12/26)

#### pilates

12:30pm-1:30pm with heather (on 12/26 only) sculpt I:30pm – 2:30pm with heather (on 12/26 only)

#### WED

full body fit 8am – 9am with kori (not on 12/27) canyon hike with trail guide 12pm – 1pm with joanna (on 12/27 with heather) sculpt 1pm – 2pm with joanna (on 12/27 with heather)

#### <u>thurs</u>

**yoga flow** 8am – 9am with rachel

FRI

vinyasa yoga flow 8am – 9am with rachel full body fit 9:30am – 10:30am with kori (not on 12/29)

SPA TREATMENTS OF THE MONTH Peppermint & Pine Massage (60 mins) Mon – Thur \$255 | Fri – Sat \$265 This festive relaxation massage features peppermint and pine essential oils. Designed to clear the mind of stress and energize the body to help eliminate fatigue. Gingerbread Scrub (60 mins) Mon – Thur \$275 | Fri – Sat \$285 Boost your holiday spirit with this festive full body scrub featuring holiday aromas of cinnamon and clove. To reserve, please call \$58-314-2020

#### DINING OPTIONS

Addison | Dinner Tues through Sat Amaya | Breakfast, Lunch and Dinner Daily, Weekend Brunch Lobby Lounge | Open Daily Holiday Afternoon Tea | Sat and Sun 12pm – 4pm and Daily Dec 18 - 22 | 12pm – 4pm Grand Social | Fri & Sat 4pm – 10pm, Sun 3pm – 8pm Daily Dec 26 - 29 | 4pm – 10pm The Clubhouse Grill | Sun - Thur 7:30am – 5pm Fri & Sat 7:30am – 6pm | Burgers & Beer \$25 on Saturdays Football Games showing all weekend Cent'Anni | To-go items, Open Daily at 6am In-Room Dining | All Day Daily

## <u>SAT</u>

taylor

gratitude meditation 11:30am – 12:30pm with marina (not on 12/30)

<u>SUN</u>

# calming meditation IIam – I2pm with marina (not on I2/24 and I2/3I) restorative flow I2:30pm – I:30pm with

cardio tennis clinic | \$40 per player KII Saturdays I2pm - Ipm (not on I2/23) Mo pickleball clinic | \$40 per player NE Ple from GOLF CLINICS schedule your golf clinic or tee times

Fridays 1pm – 2pm full swing clinic | \$50 per person

at (858) 314-1930

Wellness classes are held in the

reservations required at

lynn.lewis@fairmont.com

For hikes, please meet at the movement

TENNIS AND PICKLEBALL

Saturdays IOam - IIam (not on 12/23)

movement studio.

studio.

CLINICS

Fridays 4pm – 5:30pm junior golf clinic | \$50 per person

Saturdays Ipm - 2pm putting clinic | \$50 per person

Golf is subject to availability. Practice facility, twilight and junior rates are available. Under 12 is complimentary when accompanied by an adult.

#### ARCHERY | THURS THROUGH SUN 2PM AND 3PM

Please kindly reserve with our Concierge team.

# #fairmontgranddelmar EQUESTRIAN ACTIVITIES

Riding and non-riding activities for 5 and up and all levels of experience. Festive One-Hour Trail Ride for \$150 per person Horse Feeding | 1pm - 1:30pm, Tues - Sun | Complimentary

**PEDAL ON** Take a spin on one of our e-bikes to explore the area.

BOCCE Courts available for your use at Grand Social.

TAKE TO THE COURTS Tennis and pickleball racquets available.

KIDS EXPLORER'S CLUB Sat and Sun | 9am - 5pm Mon - Fri | 9am - 5pm, by appointment only with 48-hour notice.

**NEARBY EXCURSIONS** Please visit the concierge to schedule complimentary rides to and from nearby towns and activities.

#### DECEMBER 2023 SIGNATURE EVENTS

CABARET SOIRÉE | SAT, DEC 2 | 7PM - IOPM An Evening Noel with a three-course dinner plus a beverage and live music by Jonathan Karrant in the Lobby Lounge.

#### GLICE SKATING AT GRAND SOCIAL

Fri and Sat 4pm – 9pm | Sun 3pm – 7pm Mon, Dec 25 – Thur, Dec 28 | 4pm – 9pm An eco-friendly recreation activity for the whole family. \$35 per adult, \$17 per child plus tax

### SEE OUR HOLIDAY ACTIVITY GUIDE FOR INFORMATION ON ALL HOLIDAY EVENTS

Tree Lighting (Dec 4) | Wreath Decorating Workshops | Cookie Decorating Workshops | Nutcracker Teas (Dec 23 & 24) | Holiday Tea | Festive Weekend Brunch | Christmas Eve | Christmas Day | New Year's Eve <u>granddelmar.com/holidays</u>

