

# APRIL 2024 ACTIVITIES

MON  
gentle yoga  
9am-10am with rachel  
yoga sculpt  
10am-11am with rachel  
**pilates body sculpt**  
2pm-3pm with heather  
(not on 4/29)

THURS  
**yoga flow**  
8am – 9am with rachel  
soulful meditation  
9:30am-10:30am with marina  
(not on 4/11)  
FRI  
**vinyasa yoga flow**  
8am – 9am with rachel  
**full body fit**  
9:30am – 10:30am  
with kori (not on 4/5)  
canyon hike with trail guide  
10:45am-11:45am with kori (not on 4/5)

SAT  
**gratitude meditation**  
11:30am – 12:30pm with marina

TUES  
sculpt  
10am – 11am with joanna  
**yoga flow**  
11am – 12pm with joanna  
canyon hike with trail guide  
1pm-2pm with heather  
(4/2, 4/9 and 4/16 only)

WED  
**full body fit**  
8am – 9am with kori  
(not on 4/3 & 4/24)  
**yoga flow**  
9am-10am with rachel  
(on 4/3 & 4/24 only)  
**canyon hike with trail guide**  
1pm – 2pm with joanna  
(with heather on 4/10)  
**sculpt**  
2pm – 3pm with joanna  
(with heather on 4/10)

SUN  
**calming meditation**  
11am – 12pm with marina  
**restorative flow**  
12:30pm – 1:30pm with taylor  
(not on 4/14)

**SPA TREATMENT OF THE MONTH**  
**COASTAL SAGE RITUAL 90 minutes**  
from \$405 Monday–Thursday, \$415 Friday–Sunday  
Nourishing and replenishing, this signature body ritual begins with a warm body wrap of mineral rich mud blended with native California Sage Brush. An invigorating, rosemary-infused Swiss shower follows, along with tension-relieving touch therapy incorporating coastal sage essential oil. A relaxing massage completes the experience bringing gentle movement into the joints and encourages flexibility.  
To reserve, please call 858-314-2020

**DINING OPTIONS**  
Addison | Dinner Tues through Sat  
Amaya | Breakfast, Lunch and Dinner Daily, Weekend Brunch  
Grand Social | Live Entertainment  
Friday - Saturday, 4pm – 10pm | Sunday 11am – 5pm  
Lobby Lounge | Afternoon Tea | Every Sat and Sun  
Spring Tea | March 25-29 | 12pm – 4pm  
Cent’ Anni | Breakfast and Lunch, To-Go Items | Opens at 6am  
The Clubhouse Grill | Sun – Thur 7:30am – 5pm  
Fri & Sat 7:30am – 6pm | Burgers & Beer \$25 on Saturdays  
In-Room Dining | All Day Daily



**TENNIS AND PICKLEBALL CLINICS**  
**reservations required at**  
**lynn.lewis@fairmont.com**

Saturdays 10am – 11am  
cardio tennis clinic | \$40 per player

Saturdays 12pm – 1pm  
pickleball clinic | \$40 per player

**GOLF CLINICS**  
**schedule your golf clinic or tee times**  
**at (858) 314-1930**

Fridays 1pm – 2pm  
full swing clinic | \$50 per person

Fridays 4pm – 5:30pm  
junior golf clinic | \$50 per person

Saturdays 1pm – 2pm  
putting clinic | \$50 per person

Golf is subject to availability. Practice facility, twilight and junior rates are available. Under 12 is complimentary when accompanied by an adult.

**ARCHERY | THURS THROUGH SUN 2PM AND 3PM**  
Please kindly reserve with our Concierge team.

**EQUESTRIAN ACTIVITIES**  
Riding and non-riding activities for 2 and up and all levels of experience.  
Horse Feeding | 1pm – 1:30pm, Tues – Sun | Complimentary

**PEDAL ON**  
Take a spin on one of our e-bikes to explore the area.

**BOCCE**  
Courts available for your use at Grand Social.

**TAKE TO THE COURTS**  
Tennis and pickleball racquets available.

**KIDS EXPLORER'S CLUB**  
Sat and Sun | 9am – 5pm  
Mon – Fri | 9am – 5pm, by appointment only with 48-hour notice.

**NEARBY EXCURSIONS**  
Please visit the concierge to schedule complimentary rides to and from nearby towns and activities.

## APRIL 2024 SIGNATURE EVENTS

**LIVE ENTERTAINMENT**  
Fri, Sat and Sun at Grand Social

**EQUESTRIAN CAMP | APR 1 – 3**  
9am to 1pm | Recommended Ages 7-12 | \$750 per camper

**EXPLORER’S CAMP | APR 1 - 5**  
9am to 5pm | Recommended for ages 5 - 12 |  
For 5 Days - \$700 half day, \$1400 per full day  
10% off for members

**EARTH DAY AT THE SPA**  
Pair a Canyon Hike with the Coastal Sage Ritual to forge your own sage