



GRAND DEL MAR

granddelmar.com  
#fairmontgranddelmar

Wellness classes are held in the movement studio.  
For hikes, please meet at the movement studio.

**MON**

**gentle yoga | 9am-10am**  
with rachel at canyon terrace  
(not on 7/1)  
**yoga sculpt | 10:15am-11:15am**  
with rachel (not on 7/1)  
**pilates body sculpt | 2pm-3pm**  
with heather

**WED**

**full body fit | 8am-9am**  
with kori (with rachel on 7/10)  
**soulful meditation**  
**9:30am-10:30am**  
with marina at canyon terrace  
(not on 7/24)

**FRI**

**vinyasa yoga flow | 8am-9am**  
with rachel (not on 7/5)  
**full body fit**  
**9:30am-10:30am** with kori  
(not on 7/5 and 7/12)  
**core and more**  
**10:45am-11:45am** with kori  
(not on 7/5 and 7/12)

**TUES**

**sculpt | 10am-11am** with joanna  
**yoga flow | 11am - 12pm**  
with joanna  
**canyon hike with trail guide**  
**1pm-2pm** with heather

**THURS**

**yoga flow | 8am-9am**  
with rachel (not on 7/4)  
**canyon hike with trail guide**  
**1pm-2pm** with joanna  
(not on 7/4)  
**sculpt | 2pm-3pm**  
with joanna (not on 7/4)

**SAT**

**gratitude meditation**  
**11:30am-12:30pm**  
with marina (not on 7/20)

**SUN**

**calming meditation**  
**11am-12pm**  
with marina  
(not on 7/21)

**restorative flow**  
**12:30pm-1:30pm**  
with taylor

# JULY ACTIVITY GUIDE

## TENNIS AND PICKLEBALL CLINICS

reservations required with the concierge

**Saturdays 10am - 11am**  
cardio tennis clinic | \$40 per player

**Saturdays 12pm - 1pm**  
pickleball clinic | \$40 per player

## GOLF

schedule your golf clinic or tee times at 858-314-1930

**Par-3 Tuesdays 3:45pm - 7pm**  
9-hole par=3 course | complimentary play and rental clubs

**Fridays 10am - 12pm**  
driver fitting | complimentary

**Fridays 1pm - 2pm**  
full swing clinic | \$50 per person

**Fridays 4pm - 5:30pm**  
junior golf clinic | \$50 per person

**Saturdays 1pm - 2pm**  
putting clinic | \$50 per person

Golf is subject to availability. Practice facility, twilight and junior rates are available. Under 12 is complimentary when accompanied by an adult.

## SPA TREATMENT OF THE MONTH

Receive 20% off Monday through Thursday in July

**COASTAL SAGE RITUAL** | 90 minutes  
Nourishing and replenishing, this signature body ritual includes a warm body wrap, an invigorating swiss shower and concludes with a tension relieving relaxing massage incorporating coastal sage essential oil.

please call 858-314-2020 to reserve.

## DINING OPTIONS

**Addison** | Dinner Tues through Sat  
**Amaya** | Breakfast, Lunch and Dinner Daily, Weekend Brunch  
Happy Hour 4pm-6pm (Mon-Fri)  
**Grand Social** | Live Entertainment  
Fri - Sat, 5pm - 10pm | Sun 12pm - 4pm  
**Lobby Lounge** | Bar Service | Daily starting at 4pm  
Afternoon Tea | Every Sat and Sun 12pm - 4pm  
Live Entertainment | Every Fri and Sat 8pm - 11pm  
**Cent' Anni** | Breakfast and Lunch, To-Go Items  
Opens at 6am Daily  
**The Clubhouse Grill** | Daily 7:30am - 6:30pm  
Burgers & Beer \$25 on Sat  
**In-Room Dining** | All Day Daily  
**Veuve Clicquot Lounge at Canyon Terrace** | Fri and Sat

## WEEKLY POOLSIDE ACTIVITIES

**Monday** | 1pm - Bubble Art Show

**Tuesday** | 1pm - Moana and Hula Girls | 2pm - Hula Lesson with Moana (\$25 per child)

**Wednesday** | 1pm - Treasures Workshop

**Thursday** | 1pm - Bracelet Bar | 4pm - Teen Tournament

**Friday** | 1pm - The Grand Pirate Show | 2pm - Pirate Training (\$25 per child) | Canyon Terrace

**Saturday** | 1pm - Mermaids and Pirates Cannonballs | 2pm - Learn to Swim Like a Mermaid (\$25 per child)

**Sunday** | 1pm - Fun! Camp | 4pm - Teen Virtual Reality Adventures

## ARCHERY | DAILY 2PM AND 3PM | COMPLIMENTARY

Please kindly reserve with our Concierge team.

## EQUESTRIAN ACTIVITIES

Riding and non-riding activities for 2 and up and all levels of experience.

Horse Feeding | 1pm - 1:30pm, Tues - Sun | Complimentary

## PEDAL ON

Take a spin on one of our e-bikes to explore the area.

## BOCCE

Courts available for your use at Grand Social.

## TAKE TO THE COURTS

Tennis and pickleball racquets available.

## SHOPPING AT THE GRAND

From swimwear, leisure wear and stylish designer accessories to souvenirs and skincare you can find what you are looking for at the Spa Boutique, Grand Gifts or The Preserve. Daily | 9am - 5pm

## KIDS EXPLORER'S CLUB

Daily | 9am - 5pm

## NEARBY EXCURSIONS

Please visit the concierge to schedule complimentary rides to and from nearby towns and activities.

## JULY 2024 SIGNATURE EVENTS

Reservations recommended with the concierge.

### INDEPENDENCE DAY WEEKEND CELEBRATION | GRAND SOCIAL

Thurs, July 4 - Ellis Bryant Trio | 5:30pm - 9:30pm

Fri, July 5 - Jesse Ray Smith | 6pm - 10pm | Eco-Friendly Drone Light Show at 9pm

Sat, July 6 - Whitney Shay | 6:30pm - 9:30pm

### LIVE ENTERTAINMENT | GRAND SOCIAL

Fri, July 12 | Havana Night with Latin Band Fercho at Grand Social | 6pm - 10pm | \$20 General Admission

Sat, July 20 - Gilbert Castellanos and the New Latin Sextet | 6pm - 9pm

Fri, July 26 - Rebecca Jade Trio | 6:30pm - 9:30pm

Sat, July 27 - Whitney Shay | 6:30pm - 9:30pm

### LIVE ENTERTAINMENT | LOBBY LOUNGE

Fridays and Saturdays 8pm to 11pm | Hannah Zoe on Saturday nights

### GRAND CINEMA UNDER THE STARS | GRAND SOCIAL | 8PM | \$20 PER PERSON

Sat, July 13 - Wonka

### BASTILLE DAY BRUNCH IN AMAYA | SAT, JULY 13 & SUN, JULY 14 | 11AM - 2PM

### SILVER OAK WINE DINNER | THURS, JULY 25 | 6PM

Five-Courses | \$250 per person including tax and gratuity