OCTOBER ACTIVITY GUIDE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATU
		9am yoga 10am yoga sculpt 11am yoga 1pm feed the horses 5pm amaya happy hour taco tuesday at clubhouse grill	2 8am full body fit 9:30am soulful meditation 1pm feed the horses 5pm amaya happy hour wing wednesday at clubhouse grill	3 8am yoga flow 1pm soulful meditation 1pm feed the horses 2pm archery 3pm archery 5pm amaya happy hour nacho thursday at clubhouse grill	8 am vinyasa yoga flow 9 am yoga 4 10-12pm golf driver fitting* 1pm feed the horses 1-2pm golf full swing clinic* 2pm & 3pm archery 4-5:30pm junior golf clinic* 5pm amaya happy hour fish fry at clubhouse grill 6:30pm havana night fall fest** 8pm lobby lounge entertainment	10am cardio te 12pm pickleba 12-3:30pm sp 1pm golf putti 1pm feed the h 2pm archery 3pm archery 5pm amaya ha 6:30pm rebec 8pm lobby lou
6 llam calming meditation 12-3:30pm spooky tea 12:30pm restorative flow lpm feed the horses 2pm archery 3pm archery 5pm amaya happy hour	7 9am gentle yoga 10am yoga sculpt 2pm pilates body sculpt 5pm amaya happy hour mini burger monday at clubhouse grill	8 8am yoga 9am yoga sculpt 1pm canyon hike 1pm feed the horses 5pm amaya happy hour taco tuesday at clubhouse grill	9 8am full body fit 9:30am soulful meditation 1pm feed the horses 5pm amaya happy hour wing wednesday at clubhouse grill	8 am yoga flow IO 1pm feed the horses 2pm art is in the detail tea with christie's 2pm archery 3pm archery 5pm amaya happy hour nacho thursday at clubhouse grill	8am vinyasa yoga flow 10-12pm golf driver fitting* 1-2pm golf full swing clinic* 1pm feed the horses 2pm & 3pm archery 4-5:30pm junior golf clinic* 5pm amaya happy hour fish fry at clubhouse grill 6:30pm havana night fall fest** 8pm lobby lounge entertainment	10am cardio to 11am gratitudo 12pm pickleba 12-3:30pm sp 1pm golf putti 1pm feed the H 2pm & 3pm ar 5pm amaya ha 6:30pm gilber fall fest** 8pm hannah z
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27 llam calming meditation 12-3:30pm spooky tea 12:30pm restorative flow lpm feed the horses 2pm archery 3pm archery 5pm amaya happy hour	28 9am gentle yoga 10am yoga sculpt 2pm pilates body sculpt 5pm amaya happy hour mini burger monday at clubhouse grill	29 10am yoga sculpt 11am yoga flow 1pm canyon hike 1pm feed the horses 5pm amaya happy hour taco tuesday at clubhouse grill	30 8am full body fit 9:30am yoga 11:30am pilates 1pm feed the horses 5pm amaya happy hour wing wednesday at clubhouse grill	31 8am yoga flow 1pm feed the horses 2pm archery 3pm archery nacho thursday at clubhouse grill	This week at The Grand	More ab at The

Hairmont

GRAND DEL MAR

<u>granddelmar.com</u> #fairmontgranddelmar Wellness classes are held in the movement studio. For hikes, please meet at the movement studio. *racquet clinics (\$40 per person) reservations are required with the concierge *schedule your golf clinic (\$50 per person) or tee times at 858-314-1930

** held at grand social Grand Signature Events are in orange.

URDAY

tennis clinic* 5 ball clinic* 5 spooky tea tting clinic* e horses

happy hour becca jade | fall fest** lounge entertainment o tennis clinic* ude meditation | 2 eball clinic* spooky tea atting clinic* ne horses | archery happy hour

bert castellanos |

zoe at lobby lounge

io tennis clinic* 19 ude meditation leball clinic* spooky tea utting clinic* he horses archery happy hour ah zoe | lobby lounge al Closed tennis clinic* ude meditation **26** eball clinic* spooky tea utting clinic* ne horses archery happy hour ween spooktacular**

easy lounge entertainment

ibout Fall ie Grand



SPA TREATMENT SPOTLIGHT Receive 20% off the HEALING STONE MASSAGE Monday through Thursday in October. Please call 858-314-2020 to reserve.

GOLF

Golf is subject to availability. Practice facility, twilight and junior rates are available. Under 12 is complimentary when accompanied by an adult.

EQUESTRIAN ACTIVITIES

Riding and non-riding activities for 2 and up and all levels of experience.

PEDAL ON

Take a spin on one of our e-bikes to explore the area.

BOCCE

Courts available for your use at Grand Social.

TAKE TO THE COURTS Tennis and pickleball racquets available.

SHOPPING AT THE GRAND

From swimwear, leisure wear and stylish designer accessories to souvenirs and skincare you can find what you are looking for at the Spa Boutique, Grand Gifts or The Preserve. Daily | 9am – 5pm

KIDS EXPLORER'S CLUB Saturday and Sundays - 9am - 5pm | 48-hour notice for Monday through Friday

NEARBY EXCURSIONS

Please visit the concierge to schedule complimentary rides to and from nearby towns and activities.

DINING OPTIONS

Addison | Dinner Tues through Sat
Amaya | Breakfast, Lunch and Dinner Daily,
Weekend Brunch
Happy Hour 5pm-6pm, Daily
Grand Social | Live Concerts and Fall Fest
Fri – Sat, 5pm – 10pm
Lobby Lounge | Bar Service | Daily starting at 4pm
Spooky Afternoon Tea | Every Sat and Sun
Live Entertainment | Every Fri and Sat at 8pm
Cent' Anni | Breakfast and Lunch, To-Go Items
Opens at 6am Daily
The Clubhouse Grill | Daily 7:30am – 6:30pm
Daily Specials Mon through Fri
In-Room Dining | All Day Daily