

# MAY ACTIVITY GUIDE

## SUNDAY

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## SATURDAY

This week at The Grand



More about Summer at The Grand starting May 23



**4**  
8:30am | sound healing meditation  
12:30pm | restorative flow  
112-3:30pm | afternoon tea  
1pm | meet the horses  
2pm & 3pm | archery  
5pm | amaya happy hour

**5**  
9am | gentle yoga  
10am | yoga sculpt  
2pm | pilates body sculpt  
5pm | amaya happy hour  
mini burger monday at clubhouse grill  
5pm | sound healing meditation

**6**  
10am | yoga sculpt  
11am | yoga  
1pm | meet the horses  
5pm | amaya happy hour  
taco tuesday at clubhouse grill

**7**  
8am | full body fit  
10am | yoga  
1pm | meet the horses  
5pm | amaya happy hour  
wing wednesday at clubhouse grill

**8**  
8am | yoga flow  
10am | pilates  
11am | yoga  
1pm | meet the horses  
2pm & 3pm | archery  
5pm | amaya happy hour  
nacho thursday at clubhouse grill

**9**  
8am | vinyasa yoga flow  
9:30am | full body fit  
10:30am | circuit training  
1-2pm | golf full swing clinic\*  
2pm & 3pm | archery  
4-5:15pm | junior golf clinic\*  
5pm | amaya happy hour  
fish fry at clubhouse grill

**10**  
10am | cardio tennis clinic\*  
12pm | pickleball clinic\*  
12-3:30pm | afternoon tea  
12:30 | yoga flow  
1pm | golf putting clinic\*  
2pm & 3pm | archery  
5pm | amaya happy hour

8:30am | sound healing meditation  
**11am | Mother's Day Buffet Brunch**  
**11:30am | Mother's Day Brunch at Amaya**  
**12pm | Mother's Day Tea**  
12:30pm | restorative flow  
1pm | meet the horses  
2pm & 3pm | archery

**12**  
9am | gentle yoga  
10am | yoga sculpt  
2pm | pilates body sculpt  
5pm | amaya happy hour  
mini burger monday at clubhouse grill  
5pm | sound healing meditation

**13**  
10am | yoga sculpt  
11am | yoga  
1pm | canyon hike  
1pm | meet the horses  
5pm | amaya happy hour  
taco tuesday at clubhouse grill

**14**  
8am | full body fit  
10am | yoga  
1pm | meet the horses  
5pm | amaya happy hour  
wing wednesday at clubhouse grill

**15**  
8am | yoga  
10am | pilates  
11am | yoga  
1pm | meet the horses  
2pm & 3pm | archery  
5pm | amaya happy hour  
**6pm | hundred acre wine dinner**  
nacho thursday at clubhouse grill

**16**  
8am | vinyasa yoga flow  
1-2pm | golf full swing clinic\*  
2pm & 3pm | archery  
4-5:15pm | junior golf clinic\*  
5pm | amaya happy hour  
fish fry at clubhouse grill

**17**  
10am | cardio tennis clinic\*  
12pm | pickleball clinic\*  
12:30pm | yoga flow  
1pm | golf putting clinic\*  
2pm & 3pm | archery  
5pm | amaya happy hour

**18**  
8:30am | sound healing meditation  
12-3:30pm | afternoon tea  
12:30pm | restorative flow  
1pm | meet the horses  
2pm & 3pm | archery  
5pm | amaya happy hour

**19**  
9am | gentle yoga  
10am | yoga sculpt  
2pm | pilates body sculpt  
5pm | amaya happy hour  
mini burger monday at clubhouse grill  
5pm | sound healing meditation

**20**  
10am | yoga sculpt  
11am | yoga  
1pm | canyon hike  
1pm | meet the horses  
5pm | amaya happy hour  
taco tuesday at clubhouse grill

**21**  
8am | full body fit  
10am | yoga  
1pm | meet the horses  
5pm | amaya happy hour  
wing wednesday at clubhouse grill

**22**  
8am | yoga flow  
10am | pilates  
11am | yoga  
1pm | meet the horses  
2pm & 3pm | archery  
5pm | amaya happy hour  
nacho thursday at clubhouse grill

**23**  
8am | vinyasa yoga flow  
9:30am | full body fit  
10:30am | circuit training  
1-2pm | golf full swing clinic\*  
2pm & 3pm | archery  
2pm | palm tree painting (pool)  
4-5:15pm | junior golf clinic\*  
**6:30pm | havana night at grand social**  
fish fry at clubhouse grill

**24**  
10am | cardio tennis clinic\*  
12pm | pickleball clinic\*  
12:30pm | yoga flow  
1pm | golf putting clinic\*  
2pm & 3pm | archery  
2pm | pirate show (pool)  
3pm | pirate training (pool)  
**6:30pm | jazz night at grand social**

8:30am | sound healing meditation  
12-3:30pm | afternoon tea  
12:30pm | restorative flow  
1pm | meet the horses  
2pm & 3pm | archery  
2pm | swim with a mermaid  
3pm | mermaid training  
5pm | amaya happy hour

**25**  
10am | kids canyon adventure (pool)  
2pm | pilates body sculpt  
2pm & 3pm | archery  
5pm | amaya happy hour  
mini burger monday at clubhouse grill  
5pm | sound healing meditation

**26**  
10am | yoga sculpt  
11am | yoga  
1pm | canyon hike  
1pm | meet the horses  
2pm | flowers and fauna craft (explorer's club)  
2pm & 3pm | archery  
5pm | amaya happy hour  
taco tuesday at clubhouse grill

**27**  
8am | full body fit  
10am | yoga  
1pm | meet the horses  
2pm | animals of the canyon talk (explorer's club)  
2pm & 3pm | archery  
5pm | amaya happy hour  
wing wednesday at clubhouse grill

**28**  
8am | yoga flow  
10am | pilates  
11am | yoga  
1pm | meet the horses  
2pm | magic adventure (pool)  
5pm | amaya happy hour  
nacho thursday at clubhouse grill

**29**  
8am | vinyasa yoga flow  
9:30am | full body fit  
10:30am | circuit training  
1-2pm | golf full swing clinic\*  
2pm | palm tree painting (pool)  
2pm & 3pm | archery  
4-5:15pm | junior golf clinic\*  
**6:30pm | baja night at grand social**  
8pm | live entertainment in lobby  
fish fry at clubhouse grill

**30**  
10am | cardio tennis clinic\*  
12pm | pickleball clinic\*  
12:30pm | yoga flow  
12-3:30pm | afternoon tea  
1pm | golf putting clinic\*  
2pm & 3pm | archery  
2pm | pirate show (pool)  
3pm | pirate training (pool)  
**6:30pm | 90's mix tape night at grand social**

*Fairmont*  
GRAND DEL MAR  
[granddelmar.com](http://granddelmar.com)  
#fairmontgranddelmar

Wellness classes are held in the movement studio.  
Fitness classes are open to Members, resort overnight guests, and spa guests.

For hikes, please meet at the movement studio.

\*racquet clinics (\$40 per person) reservations are required with the concierge

\*schedule your golf clinic (\$50 per person) or tee times at 858-314-1930

Grand Signature Events are in orange.

### SPA EXPERIENCE SPOTLIGHT

Enhance your spa experience and enjoy our newly unveiled Recovery Lounge featuring vibroacoustic meditation. Please call 858-314-2020 to reserve your spa treatment.

### GOLF

Golf is subject to availability. Practice facility, twilight and junior rates are available. Under 12 is complimentary when accompanied by an adult.

### EQUESTRIAN ACTIVITIES

Riding and non-riding activities for 2 and up and all levels of experience.  
Meet the Horses | 1-1:30pm | Tues through Sun

### PEDAL ON

Take a spin on one of our e-bikes to explore the area.

### BOCCE

Courts available for your use at Grand Social.

### TAKE TO THE COURTS

Tennis, pickleball and padel available.  
Reserve with the concierge.

### SHOPPING AT THE GRAND

From swimwear, leisure wear and stylish designer accessories to souvenirs and skincare you can find what you are looking for at the Spa Boutique, Grand Gifts or The Preserve. Daily | 9am - 5pm

### KIDS EXPLORER'S CLUB

Sat and Sun - 9am - 5pm  
48-hour notice for Mon through Fri  
Starting May 23 - Daily 9am - 5pm

### NEARBY EXCURSIONS

Please visit the concierge to schedule complimentary rides to and from nearby towns and activities.

### DINING OPTIONS

**Addison** | Dinner Tues through Sat  
**Amaya** | Breakfast, Lunch and Dinner Daily, Weekend Brunch, Happy Hour Daily 5pm - 6pm  
**Grand Social** | Opens May 23, Fri and Sat 5pm - 10pm, Sun 12pm - 4pm  
**Lobby Lounge** | Bar Service Daily starting at 4pm Sat & Sun afternoon tea 12pm - 3:30 pm, Fri & Sat Live Entertainment at 8pm  
**Cent' Anni** | Breakfast and Lunch, To-Go Items Opens at 6am Daily  
**The Clubhouse Grill** | Daily 7:30am - 6pm Daily Specials Mon - Fri  
**In-Room Dining** | All Day Daily