# JULY ACTIVITY GUIDE

**SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY** 10am | cardio tennis clinic\* 5 8am | full body vinyasa 2 3 8am | vinyasa yoga flow This week More about Summer 10am | yoga sculpt 8am | yoga flow 12pm | pickleball clinic\* 10am | yoga float llam | yoga at The Grand llam | yoga at The Grand 10am | pilates 12-3:30pm | afternoon tea 12pm | power yoga 1-2pm | golf full swing clinic\* 12pm | canyon hike llam | yoga 12:30pm | yoga lpm | meet the horses 2pm | palm tree painting (pool) lpm | meet the horses 2pm | animals of the canyon lpm | meet the horses lpm | golf putting clinic\* 2pm & 3pm | archery 2pm | flowers and fauna craft talk (canyon terrace) 2pm | magic adventure (pool) 2pm & 3pm | archery 4-5:15pm | junior golf clinic\* (explorers club) 2pm & 3pm | archery 2pm | pirate show (pool) 2pm & 3pm | archery 6:30pm | red, white & brews night 2pm & 3pm | archery 5pm | amaya happy hour 3pm | pirate training (pool) 5pm | amaya happy hour at grand social 5pm | amaya happy hour nacho thursday at clubhouse wing wednesday at clubhouse 6:30pm | rock & rye night at 9pm | drone show at grand social taco tuesday at clubhouse grill grill grand social 8am | vinyasa yoga flow 12 6 8am | full body fit 7 9 11 9:30am | circuit training 9am | gentle yoga 10am | yoga float 8am | yoga flow 10am | cardio tennis clinic\* 10am | yoga sculpt llam | yoga 12-3:30pm | afternoon tea 10am | yoga sculpt 12pm | power yoga 10am | pilates 12pm | pickleball clinic\* llam | yoga 1-2pm | golf full swing clinic\* 10am | kids canyon adventure lpm | meet the horses 12:30pm | restorative flow lpm | canyon hike llam | yoga 12-3:30pm | afternoon tea 2pm | palm tree painting (pool) (canvon terrace) 2pm | animals of the canyon lpm | meet the horses lpm | meet the horses lpm | golf putting clinic\* lpm | meet the horses 2pm & 3pm | archery 2pm | pilates body sculpt 2pm | flowers and fauna craft talk (canyon terrace) 2pm | magic adventure (pool) 2pm & 3pm | archery 2pm & 3pm | archery 4-5:15pm | junior golf clinic\* 2pm & 3pm | archery (explorers club) 2pm & 3pm | archery 2pm & 3pm | archery 2pm | pirate show (pool) 2pm | mermaid show 6pm | "employees only" bar 5pm | amaya happy hour 2pm & 3pm | archery 5pm | amaya happy hour 5pm | amaya happy hour 3pm | swim with a mermaid 3pm | pirate training (pool) takeover at lobby lounge mini burger monday at 5pm | amaya happy hour wing wednesday at clubhouse nacho thursday at clubhouse 6:30pm | bourbon & blues night 5pm | amaya happy hour 6:30pm | havana night at grand clubhouse grill taco tuesday at clubhouse grill at grand social social 8am | yoga flow 8am | vinyasa yoga flow 13 8am | full body fit 16 10am | cardio tennis clinic\* 9 9am | gentle yoga 10am | yoga sculpt 10am | pilates 9:30am | circuit training 10am | yoga float 12pm | pickleball clinic\* llam | yoga 10am | yoga sculpt llam | yoga 10.30am | core & more 12-3:30pm | afternoon tea 12pm | power yoga 12-3:30pm | afternoon tea lpm | canyon hike 10am | kids canyon adventure lpm | meet the horses 1-2pm | golf full swing clinic\* lpm | meet the horses lpm | meet the horses 12:30pm | yoga lpm | meet the horses (canyon terrace) 2pm | palm tree painting (pool) 2pm | animals of the canyon 2pm | magic adventure (pool) 2pm & 3pm | archery lpm | golf putting clinic\* 2pm | flowers and fauna craft 2pm | pilates body sculpt 2pm & 3pm | archery 2pm | mermaid show talk (canyon terrace) 2pm & 3pm | archery 2pm & 3pm | archery (explorers club) 2pm & 3pm | archery 5pm | amaya happy hour 4-5:15pm | junior golf clinic\* 2pm & 3pm | archery 3pm | swim with a mermaid 2pm | pirate show (pool) 2pm & 3pm | archery 5pm | amaya happy hour nacho thursday at clubhouse 5pm | amaya happy hour 5pm | amaya happy hour 5pm | amaya happy hour 3pm | pirate training (pool) 5pm | amaya happy hour mini burger monday at wing wednesday at clubhouse 6pm | canyon to coupe 6:30pm | 90s mix tape night at taco tuesday at clubhouse grill clubhouse grill 6:30pm | baja night grand social 10am | cardio tennis clinic\*26 20 21 23 24 8am | full body fit 10am | power yoga 12pm | pickleball clinic\* 10am | yoga float 9:30am | circuit training 10am | pilates 10am | kids canyon adventure llam | yoga 12:30pm | yoga 12-3:30pm | afternoon tea 12pm | power yoga 10:30am | core & more llam | yoga (canyon terrace) lpm | canyon hike 12-3:30pm | afternoon tea lpm | meet the horses 1-2pm | golf full swing clinic\* 12:30pm | restorative flow lpm | meet the horses 2pm | pilates body sculpt lpm | meet the horses lpm | golf putting clinic\* lpm | meet the horses 2pm | animals of the canyon 2pm | palm tree painting (pool) 2pm | magic adventure (pool) 2pm & 3pm | archery 2pm | flowers and fauna craft 2pm & 3pm | archery talk (canyon terrace) 2pm & 3pm | archery 2pm & 3pm | archery 2pm & 3pm | archery 5pm | amaya happy hour (explorers club) 2pm | pirate show (pool) 2pm | mermaid show 2pm & 3pm | archery 4-5:15pm | junior golf clinic\* 5pm | amaya happy hour mini burger monday at 2pm & 3pm | archery 3pm | pirate training (pool) 5pm | amaya happy hour 6:30pm | surf & tiki night at grand 3pm | swim with a mermaid clubhouse grill 5pm | amaya happy hour 6pm | supper club under the 6:30pm | jazz night at grand wing wednesday at clubhouse 5pm | amaya happy hour stars with jonathan karrant taco tuesday at clubhouse grill fish fry at clubhouse grill 29 30 8am | full body fit 8am | yoga flow 31 27 9am | gentle yoga 28 10am | yoga sculpt 10am | yoga float 10am | pilates 10am | yoga sculpt llam | yoga 10am | kids canyon 12pm | power yoga llam | yoga lpm | canyon hike 12-3:30pm | afternoon tea lpm | meet the horses lpm | meet the horses adventure (canyon terrace) 12:30pm | restorative flow lpm | meet the horses 2pm | animals of the canyon 2pm | magic adventure (pool) 2pm | pilates body sculpt 2pm | flowers and fauna craft lpm | meet the horses talk (canyon terrace) 2pm & 3pm | archery 2pm & 3pm | archery (explorers club) 2pm & 3pm | archery 2pm & 3pm | archery 5pm | amaya happy hour 5pm | amaya happy hour 2pm & 3pm | archery 2pm | mermaid show 5pm | amaya happy hour nacho thursday at clubhouse mini burger monday at 5pm | amaya happy hour 3pm | swim with a mermaid clubhouse grill wing wednesday at clubhouse taco tuesday at clubhouse grill 5pm | amaya happy hour Wellness classes are held in the movement studio. \*racquet clinics (\$40 per person) reservations are Fitness classes are open to Members, required with the concierge resort overnight guests, and spa guests. \*schedule your golf clinic (\$50 per person) or tee



times at 858-314-1930

Grand Signature Events are in orange.

#### SPA EXPERIENCE SPOTLIGHT

Try the new Meditation Massage at our newly reimagined Fairmont Spa & Wellness. Please call 858-314-2020 to reserve your spa treatment.

#### GOLF

Golf is subject to availability. Practice facility, twilight and junior rates are available. Under 12 is complimentary when accompanied by an adult.

## **EQUESTRIAN ACTIVITIES**

Riding and non-riding activities for 2 and up and all levels of experience.

Meet the Horses | 1-1:30pm | Tues through Sun

## PEDAL ON

Take a spin on one of our e-bikes to explore the area.

#### BOCCE

Courts available for your use at Grand Social.

## TAKE TO THE COURTS

Tennis and pickleball are available. Reserve with the concierge.

#### SHOPPING AT THE GRAND

From swimwear, leisure wear and stylish designer accessories to souvenirs and skincare you can find what you are looking for at the Spa Boutique, Grand Gifts or The Preserve. Daily | 9am - 5pm

## KIDS EXPLORER'S CLUB

Daily 9am - 5pm

#### **NEARBY EXCURSIONS**

Please visit the concierge to schedule complimentary rides to and from nearby towns and activities.

#### DINING OPTIONS

Addison | Dinner Tues through Sat Amaya | Breakfast, Lunch and Dinner Daily, Weekend Brunch, Happy Hour Daily 5pm - 6pm Grand Social | Fri and Sat 5pm - 10pm, Sun 12pm - 4pm

Lobby Lounge | Bar Service Daily starting at 4pm Sat & Sun Afternoon Tea 12pm - 3:30 pm,

Fri & Sat Live Entertainment at 8pm Cent' Anni | Breakfast and Lunch, To-Go Items Opens at 6am Daily

The Clubhouse Grill | Daily 7:30am - 6pm Daily Specials Mon - Fri

Grand Burger | Fri & Sat llam -6pm, Sun llam-5pm In-Room Dining | All Day Daily

granddelmar.com #fairmontgranddelmar For hikes, please meet at the movement studio.